

Snacks

- Seasonal Fruit \$0.80 EACH
Fresh baked Muffin or Banana
Bread Slice
\$2.00
Dip Snack box (carrot & cucumber
with dip) \$1.50
#Tasty Cheese & Crackers \$1.50
Red Rock Deli Honey/Soy Chicken
\$1.50
Plain Smiths Chips or
Sour Cream & Chive Grainwaves
\$1.20
Chicken Jumpy's \$1.00
Popcorn \$0.80c
Custard Cup \$0.80c
Breakfast Biscuits \$1.00
Muffin Bar \$1.00

Burgers

- \$5.00 each
Crumbed Chicken
Beef
Meatball sub
(All include cheese & Salad)

Salads

- Cup of Fresh Fruit salad \$2.00
Garden Salad \$4.00
Add Ham or Tuna \$4.80
Add Chicken / Salmon or Make it a
Caesar \$5.00
Chicken Caesar Salad \$5.00



Lunch By The Lakes



Everyday HOT FOOD

- Chicken nuggets (6) \$3.50 or
(4) \$2.70
(Gluten FREE Available)

Chicken fingers (8) \$3.70
Garlic Bread \$2.00
Party Pie \$1.00
Sausage Roll \$ 3.20
Travel Pie \$3.80
Noodle Cup Beef or Chicken
\$2.50
Add sauce \$0.30c

HOT FOOD

- Macaroni & Cheese \$4.30
Beef Pasta Bolognese \$4.30
Honey Soy chicken & Rice
\$4.30

Bacon ,Cheese & Pineapple
Pizza \$4.50

(Hot) cheese & Bacon Roll
\$2.00

Croissant with Ham & Cheese
Med \$3.00 Lrg \$4.00

Sandwiches

- Vegemite, Honey OR Jam \$2.00

Tomato OR Cheese \$2.50

Tuna OR Egg \$3.50

Ham, Chicken OR Salmon \$ 4.00
Salad (Lettuce, tomato, cucumber,
carrot & beetroot) \$3.00

Salad with cheese \$3.30

Salad with Tuna or Ham \$4.50

Salad with Chicken or Salmon
\$4.80
Make it a wrap 0.50c

Wraps

- All Wraps \$5.00
Chicken Parmy – Pasta
sauce and cheese
Chicken Caesar – lettuce,
bacon and Caesar
dressing
Chicken wrap- Lettuce &
mayo

Bento Box: \$5

- ½ sandwich, chicken
tender or party pie,
cheese and
crackers, fruit and
mini pancakes

Meal Deal Specials

\$5.00 Each

See Canteen notice board
for weekly specials

Drinks

- 100% Juice poppers
\$1.20
Flavoured Milk \$2.00
Up & Go \$2.50
Bottled Water \$1.00
Quench sparkling fruit
Juice \$2.00
Juice pop top \$1.80
Orchy 375mls juice
\$2.50

**ICE BLOCKS
AND
ICE-
CREAMS
50c - \$1.20**